

IDAHO STATE HIGH SCHOOL SWIMMING CHAMPIONSHIP

- Date:** Friday/Saturday, November 6-7, 2009
Boise City Aquatics Center
5959 N. Discovery Place (*west on Chinden Blvd. to N. Discovery Place,
adjacent to the West Boise YMCA*).
- Facility:** 10 lanes, 25 yards with depths 4-13 feet; paragon style blocks; 6” anti-wave lane lines, Daktronic Timing system with 10 lane electronic scoreboard.
- Meet Referee:** Joe Burquist (208)336-6838
- Meet Director:** Julie Prince (208)376-7493, juprince@msn.com
- Entries:** Ann Costello (208)362-5622, annandpatrick@cableone.net
- Coaches’ Meeting:** Friday, November 6 -- 1:30 p.m.
- Schedule:**
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| <i>Prelims:</i> | Friday, Nov. 6 | Split warm-ups 2:00 and 2:40 (assigned)
3:30 p.m. prelims begin |
| <i>Finals:</i> | Saturday, Nov. 7 | 8:15 - 9:15 a.m. warm-ups
9:30 a.m. opening ceremonies
9:45 a.m. finals begin |

Rules: This meet will be governed by the rules of the National Federation of State High School Rules Book: Boys and Girls Competition. Call (317)972-6900 for rule books.

Individual swimmers may enter a maximum of four events, no more than two of which may be individual events. To be eligible for an individual event a swimmer must achieve a 2009 Idaho State High School Swimming Qualifying Time at a high school meet in the individual event(s) they are entering. This time must have been achieved during the 2009 high school season.

Relay only swimmers do not have to be qualified in an individual event to swim in a relay, but they must be listed on the master entry form, and they must pay the \$15.00 entry fee required of all swimmers.

Each team will be permitted a maximum of **four entries in an individual event and one entry in relay events.**

Exhibition swims (in addition to the four per team officially allowed) can be entered as long as the swimmer has achieved an official 2009 qualifying time in that event, and that the swimmer does not exceed the legal number of events allowed per individual for the meet. Exhibition swimmers must be entered as “exhibition” on the entry forms. Teams not conforming will not

be allowed to exceed the four per event limit. Exhibition swimmers will not place or score and will be seated in the first heats.

All individual and relay events will be swum as prelims and finals. Swimmers will swim in pre-seeded heats as designated in the heat sheet. Eight (8) lanes will be used for finals. There will be a consolation heat of eight (8) in each event.

All relay cards must list the first and last names of all swimmers (including designated alternates). ***Coaches will be given relay cards in their coaches' packets available at the coaches' meeting at 1:30 p.m. at the pool on Friday, November 6. One coach or authorized coach's representative from each team must attend the meeting.*** Relay swimmers will carry their card to the blocks with them. This is a no card meet for all other events.

Swimmers must be in grades 9-12 and represent the high school that they are currently attending. Swimmers not attending a high school can compete for the high school in the district boundaries in which they reside with the consent of that high school. The eligibility rules and regulations of the Idaho High School Activities Association (IHSAA) will be followed, as amended by the Idaho High School Swimming Association at the annual meeting.

The scratch rule will be enforced for the consolation and final heats. Swimmers will have 30 minutes from the time the results are announced to declare their intention to scratch with the Clerk of Course. If a swimmer does not declare a scratch and is not at the starting block when the official closes the heat, the swimmer will be disqualified for the remainder of the meet. This includes relay events.

Entries: \$15.00 per swimmer (including relay only swimmers). ***Fees matching the entries are to be paid at the table outside the Hospitality Room before the coaches' meeting. One check per team!*** Do not send individual checks. Make checks payable to Treasure Valley High School Swimming (TVHSS). Refunds for scratches will not be given.

ENTRY DEADLINE: Monday, November 2 -- 6:00 p.m. Electronic entries are required along with a hard copy of entries and the USA numbers of USA swimmers.

Return entries to: Ann Costello
9911 West Arabian Drive
Boise, ID 83709
(208)362-5622
annandpatrick@cableone.net

Scoring: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Individual awards: Medals→1-8; Ribbons→9-16
Relays: Medals→1-3; Ribbons→4-8
Team, both boys and girls: 1-8