

**2009**  
**BOISE HIGH SCHOOL SWIM TEAM**

**EXPECTATIONS**

1. Complete ALL registration forms required for team participation
  - a. <http://www.tvhss.info/>
    - i. Boise
2. Follow the Team Code of Conduct
3. Adhere to the Expectations/Rules of the Downtown and West YMCA
4. Comply with workout requirements
  - a. Be ***IN*** the water by 6:30
  - b. Try your best
  - c. Be respectful of everyone's time
5. Team suit and cap are required for meets
6. Attend and Participate in the Team Dual Meets, District, and State
7. Inform the Coaches the Thursday before a meet if you will not be able to participate in the meet that Tuesday. Swimmers will not be entered in the next scheduled meet if they fail to show to a meet that they were entered in.
8. Attend Team Events and Meetings
9. Support and help with Team Fundraisers